

Mentor360!

WHAT IS A MENTOR?

- Definition: “guide, counselor, teacher, instructor...provides experience, knowledge, achievements, position, and willingness to share”
- Secular vs Christian Mentoring
- Christian Friendship
- **Mentors guide others to the one true counselor: The Lord and His Word**

WHAT IS A MENTEE?

- Could be any stage, age, or season of life.
- Someone who wants a Christian friend
- Someone who desires support and encouragement in her role as Woman, Wife, Mother, Daughter, Single-parent, Career Woman, Divorcee, New Believer, Doubter
- Perhaps there is a life decision to make, such as moving, changing jobs, becoming a stay-at-home mom, etc.
- Remember, Mentees are also Mentors!
- **Mentees want to be guided by others to the one true counselor: The Lord and His Word.**

Suggested Resources

Collection of books for optional reading on your own or with your Mentor/Mentee partner.

There are many wonderful Christian books available to help us walk with Christ and with other women. This small list contains a mixture of classics alongside recent best sellers to help spark discussion and ideas.

Mentorship Books

Becoming a Woman of Influence: Making a Lasting Impact on Others by Carol Kent
-” Discover the power you have in Christ to influence others as Jesus did. Learn seven simple, life-changing principles Jesus used to disciple His followers-such as asking questions, extending unconditional love, and telling stories.” Includes a 9-week Bible Study in the back half of the book.

Mentoring For All Seasons: Sharing Life Experiences and God's Faithfulness by Janet Thompson

-Practical “how to” guide for mentoring women in all seasons of life. Through true life mentoring examples, helpful hints, and Scriptures to study together, this resource book provides valuable information for both the mentor and mentee.

Walk With Me: Simple Principles For Everyday Disciplemaking by Bill Mowry

-” Return to the essential biblical practices that help people grow as Christ-followers in simple, slow, and deep ways.” Through the use of 5 simple principles, the author encourages us to invite others to walk with us as we walk with God.

Bible Studies

Face to Face Bible Study Series--Mentoring Relationships in the Bible--M&M's by Janet Thompson

-found on <https://womantowomanmentoring.com>

-Seven studies exploring the mentoring relationships of women from the bible. Some examples are Mary & Martha, Naomi & Ruth, Elizabeth & Mary, and Priscilla & Aquila.

Discipleship Workbook: Christian Foundational Truths by Craig Caster (Family Discipleship Ministries)

-found at fdm.world website under resources

-Simple and straightforward discipleship workbook that teaches the basic foundations of the Christian faith in an easy-to-understand format. Teaches “how to become one with Christ and how to live a life that glorifies Him”.

How to Be a Godly Woman in Today's Culture: A Study in the Book of Titus by Margy Hill

-Seven-week study teaching “how to live godly lives in the midst of an ungodly culture”.

In Step with the Spirit: A Six Week Topical Study on the Holy Spirit by Margy Hill

-This study is designed to encourage, equip and empower the reader to “keep in step” with the Holy Spirit. Learn “ how to be sensitive to His voice, listen for His commands, heed His warnings, and follow closely after Him”.

Victorious: Lessons from Old Testament Women Who Walked Victoriously with God by Margy Hill

-Study using the examples of women in the Bible who “didn't have it all together, but loved God. His love saw them through trials, painful circumstances, and struggles and brought about His perfect will in their lives.”

Esther: It's Tough Being a Woman by Beth More

-A ten-session study on the Old Testament story of Esther. “Women will learn strong lessons of faith, providence, and hope to equip them to live courageously ‘for such a time as this’.”

Holiness/Devotional Books

The Christian's Secret to the Happy Life by Hanna Whitall Smith

-First written in 1875 by Quaker Hanna Whitall Smith, this relevant and beautiful classic dives into the relationship between grace and faith. It explains the chief characteristics of the higher Christian life as “complete surrender to the Lord; a perfect trust in Him, resulting in victory over sin; and inward rest of soul”.

Because We Love Him: Embracing a Life of Holiness by Clyde Cranford

-Clyde spent several years before his death disciplining young men one-on-one and wrote down his deep yet simple lessons in book form. “Love is the well from which practical holiness springs: love for God, then love for men. This love is our humble response to God’s great love for us. If we truly love Him, attaining to His likeness will be our heart’s desire.” This life-changing guide offers “how-to” sections on daily quiet times, memorizing scripture, witnessing, worship, forgetting self, dealing with temptation, and knowing God’s will.

Be Still My Soul: Reflections on Living the Christian Life by Elizabeth Elliot

-Elizabeth Elliot was a missionary along with her husband, Jim Elliot, to the Auca Indians in Ecuador in the 1950s when he, along with four other missionaries, were speared to death after a friendly contact with the tribe. She inspired generations of Christians by returning and living among the tribe with her young daughter and sharing the gospel with them. The book addresses “being still” and leaving our anxiety, worry, and impatience in God’s capable and loving hands.

A Path Through Suffering: Discovering the Relationship

Between God’s Mercy and Our Pain by Elizabeth Elliot

-From her own experience with pain, grief, and loss, Elizabeth guides the reader through asking hard questions and reflecting on the nature of God. “Through it all, there is only one reliable path. If you walk it, you will see the transformation of all your losses, heartbreaks, and tragedies into something strong and purposeful.”

Seeing and Savoring Jesus by John Piper

-The book discusses what it means to see Jesus for who he really is and enjoy him. Each of the 13 chapters looks at an attribute of God and ends with a prayer.

Identity: Who You Are in Christ by Eric Geiger

-An enjoyable and easy read using 1 Peter 2:9-11 to teach us about our new identity once we become followers of Christ. “So we have a choice. We can bounce from relationship to relationship, possession to possession, or career to career in a frustrating quest for our identity. Or we can embrace God’s invitation to lose our lives and find our new identity in Him.”

Having a Mary Heart in a Martha World: Finding Intimacy with God in the Busyness of Life
by Joanna Weaver

-An invitation for every woman who feels she isn't godly enough... isn't loving enough... isn't doing enough. The life of a woman today isn't really all that different from that of Mary and Martha in the New Testament. Like Mary, you long to sit at the Lord's feet... but the daily demands of a busy world just won't leave you alone. Like Martha, you love Jesus and really want to serve him... yet you struggle with weariness, resentment, and feelings of inadequacy.

Apologetic Books

Mere Christianity by C.S. Lewis

-From a BBC radio broadcast during the challenging days of WW2 in London, C.S. Lewis takes the reader through his thinking process as his spiritual journey traveled from atheism to Theism and ultimately to Christianity.

Talking to Your Kids About Jesus by Natasha Crain

-Using story illustrations that parents can understand, Natasha will give you the confidence to talk to your child about faith conversations in today's skeptical world. Topics include Jesus's identity, teachings, death, and resurrection. Tailored for any age, each chapter covers questions skeptics are asking and provides clear and concise responses for discussion with your child.

The Reason for God by Timothy Keller

-Described as the C.S. Lewis for the 21st century, Timothy Keller uses real-life conversations, literature, philosophy, and reasoning to explain how the belief in a Christian God is a sound and rational one. He provides a solid platform on which to stand firm against a backlash to religion during our Age of Skepticism.

Marriage Books

Love and Respect: The Love She Most Desires; The Respect He Desperately Needs by Emerson Eggerichs

-Already being described as a classic among books on marriage, the reader will learn how to communicate effectively to deal with conflict quickly, easily, and biblically.

The Power of a Praying Wife by Stormie Omartian

-Stormie shares how God strengthened her marriage once she began praying for her husband in all areas of his life.

Sacred Marriage: What if God Designed Marriage to Make Us Holy More Than to Make Us Happy? By Gary Thomas

-” This is a book that looks at how we can use the challenges, joys, struggles, and celebrations of marriage to draw closer to God and to grow in Christian character”. A refreshing view of marriage.

Parenting Books

Praying the Scriptures for Your Children by Jodie Berndt

-Learn how to make the Bible a book of prayers and how to pray specifically and expectantly for your children’s faith, character, safety, relationships, and future.

Missional Motherhood: The Everyday Ministry of Motherhood in the Grand Plan of God by Gloria Furman

-Gloria searches the scriptures for the mission of God in motherhood, discovering His promises to empower us as we make disciples in our homes, neighborhoods, and around the world.

Parenting with Love and Logic: Teaching Children Responsibility by Foster Cline and Jim Fay

-Establishing healthy control through easy-to-implement steps to teach responsibility, establish boundaries and grow character.

Parenting: 14 Gospel Principles That Can Radically Change Your Family by Paul David Tripp

-Embrace a grand perspective of parenting overflowing with vision, purpose, and joy. Takes a fresh look at grace and parenting.

Boundaries with Kids: How Healthy Choices Grow Healthy Children by Henry Cloud

-Help and guidance for raising kids to take responsibility for their actions, attitudes, and emotions.

Mentee's Prayer

Lord, I know that You have led me to seek a mentor because You want me to grow in my Christian walk. You want me to learn from a role model who is living the type of life You want for me. Lord, help me to be receptive to the changes I might need to make, and humble enough to admit that there are things I need to learn.

Lord, please give me patience when I feel frustrated, love when I feel angry, grace when I want to condemn, mercy when I want to judge, courage when I want to avoid, hope when I think it will never change, perseverance when I want to give up, acceptance when I feel rejected, clarity when I feel misunderstood, discernment to detect right from wrong when I am confused, humility when I think I can do it on my own.

You have led me to seek a mentor, now let me be receptive to what it is You want me to learn from her. Help me to be open and eager to learn more about You and Your ways. I want to be a godly woman who conducts herself in a way that pleases You. I want to become more familiar with Your ways and what it means to be a servant of Christ.

Help me to be considerate of the mentor You have brought to me. Let me remember that she gives to me selflessly, and I need to be respectful of her time and energy. Let me be a blessing to her in return. Father, I thank You in advance for the plans You have for me, and I am grateful that You have put this desire to learn more about You and Your ways on my heart.

Please give me energy, time, wisdom, knowledge, compassion, understanding, faith, and hope. Help me to always be a survivor and not a victim. Fill me, Lord, with the Holy Spirit, and let me honor You in all that I say and do each day. Amen.

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